



Scott
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BIO

I started this blog in April, 2015 as a creative outlet for me to express my love for all things food, eating and cooking. Since then, I've had a massive lifestyle change when I made the decision to transition to a COMPLETELY low carb way of eating. In ten months, I dropped from 335lbs to 200lbs. I am a complete believer in low carb and am ready to share!

ABOUT

I'd Rather Be A Chef started out as a Gluten Free recipe blog. I have been recently transitioning the site completely to the low carb and keto niche. As I continue to ramp-up recipes, it is my plan in 2022 to add fresh content through videos, courses and more. I will also be sharing my journey of RESTARTING low carb after months of being away from it, working to attract a very specific reader.

AUDIENCE



6,326



6,050



14,400



6,200

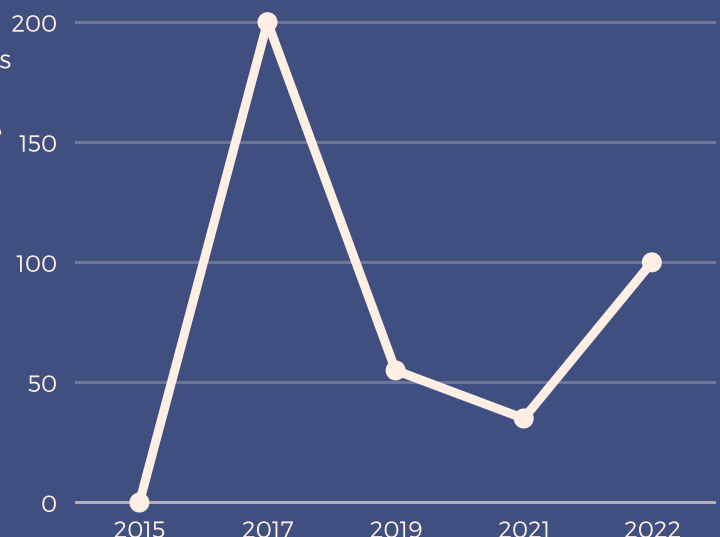


1,400

STATISTICS

After a severe technical issue in 2018, the site is beginning to recover again. In 2022, the outlook is positive with video, podcasts, online classes and more.

"Low Carb has fueled my weight loss journey. I BELIEVE in it COMPLETELY." - Scott Groth





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COMMENTS

"Thank you so much for this recipe and tutorial. I made this for a friend who is used to dining at 5 star restaurants and country clubs. He said it was "the best he ever had" and it was so easy to make. I love to try new recipes and often try them out on him, so the bonus came when he asked me to make this for a business meeting / dinner he was hosting in his home. It was a huge success!" – **Lorie S.**

"I've just started my family on a paleo / low carb plan and I'm looking for recipes that will really convert my Dad, he is a lover of big flavours and comfort foods and I think he'll love this! So many recipes on here that I'm dying to try. Thanks!" – **Sarah P.**

"Hey Scott, made these today and WooHoooo, We had a restaurant that had closed a while back and they made the best grilled wings. I have been trying to make them myself but just couldn't get it right. You nailed it, these are spot on. Just gave this recipe to my family. Thanks!" – **Bill R.**

"These wings are outstanding! I have never grilled wings before so I was a little nervous making this recipe. I can't wait to make them again. I'm really enjoying your website. It's so easy to read/follow and your information is spot on. Congrats on succeeding with your new lifestyle and accomplishments!!" - **Betty M.**

SERVICES AVAILABLE

- Sponsored Posts
- Sponsored Videos
- Recipe Creation
- Podcasts
- Webinars
- Guest Posts
- Online Coursework



"Living Low Carb is not only sustainable, it is delicious and full of possibilities" - **Scott Groth**